A Home That Felt Heavy. A Search for Relief.

A warm, loving family, a well-built home and a life filled with aspirations - yet frequent health concerns, family misunderstandings and recurring medical expenses were creating constant stress.

THE CLIENT

Ms. Shikha Pundalik Joshi

Ms. Shikha Pundalik Joshi is a homemaker. She lives with her family in Mapusa, Goa. They are a close-knit family who value traditions and togetherness, but have been facing ongoing health issues, family disagreements and high medical expenses.



"Sometimes, a space can look perfect on the outside, yet carry imbalances within. That's where Vastu helps-by looking deeper."



-SHRIJAL TALKAR
Modern Vastu Consultant

THE DISCOVERY

Looking Beyond What Meets the Eye



A detailed Vastu assessment of the residence revealed several spatial imbalances across the floors. Here are some key observations.

STILT FLOOR



01 Main door position is not favourable.

02 Living room seating faces the wrong direction.

03 Kitchen position and platform arrangement need changes.

04 Toilet in wrong direction.

05 Staircase comes in Brahmasthan.









FIRST FLOOR





01 Master bedroom in South West is good.

02 Wardrobe falls under Brahmasthan.

03 Toilet and dressing area combination is not good.

04 Study area needs corrections.

05 Balcony in West is not ideal.

THE APPROACH

A Thoughtful Realignment

The recommendations focused on addressing the key Vastu concerns while working with the existing structure of the home. The goal was to restore balance, improve the flow of energy and create a more supportive environment for the family.

KEY AREAS OF INTERVENTION

- Entrance and main door
- Living room seating and TV position
- Kitchen and platform material
- Toilet and staircase placement
- Bedroom and dressing area
- Storage and utility spaces
- Overall spatial balance